

St. Joseph's College of Commerce

(Autonomous)

163, Brigade Road, Bengaluru – 560 025

Accredited with 'A++' Grade (4th Cycle) by the National
Assessment and Accreditation Council (NAAC)

Recognized by the UGC as
"COLLEGE WITH POTENTIAL FOR
EXCELLENCE"



BA (English & Psychology)
Semester V

Syllabus for the Batch of 2023-24
For the Academic Year 2025-26

B. A. (English & Psychology) Programme

I. Programme Objectives:

Programme Educational Objectives (PEO)

The B.A. (English & Psychology) programme will produce graduates who will:

PEO1: Be proficient, knowledgeable, and highly valued professionals capable of contributing to various sectors such as academia, publishing, media, counselling, mental health, and creative industries.

PEO2: Adapt to a rapidly changing environment with newly learnt and applied skills and competencies, become socially responsible and value-driven citizens, committed to sustainable development.

PEO3: Act with conscience of global, ethical, societal, ecological and commercial awareness with sustainable values as is expected of professionals contributing to the country.

PEO4: Able to continue their professional development by obtaining advanced degrees in academic and research fields.

II. Programme Outcomes (PO)

At the end of the BA (English & Psychology) programme, the learners will be:

PO1: Disciplinary and Interdisciplinary Knowledge

Demonstrate a comprehensive understanding of English literature and familiarize themselves with diverse literary traditions and concepts in psychology.

PO2: Decision-Making Skill

Apply critical thinking and analysis to literary and psychological research and the ability to demonstrate a deep understanding of the texts, contexts, practices, and human behaviour.

PO3: Integrated Problem-Solving and Research

Analyze and evaluate the interconnectedness of various concepts in literary studies and psychology and apply the same for problem solving.

PO4: Critical Thinking Skill

Evaluate and critique evidence, arguments, claims, and beliefs within a social system by using theoretical concepts and skills acquired through the courses.

PO5: Creative Thinking Skill

Develop and communicate original and meaningful ideas in response to texts and concepts. Make a valuable and innovative contribution to critiquing literary works.

PO6: Usage of Modern Technology and Tools

Use digital tools, communication/networking platforms, and social media to access, manage, integrate, evaluate, and adapt to technological advancements in the field of literary studies and psychology and employ appropriate digital resources for communication, research, and academic purposes.

PO7: Leadership and Teamwork

Develop a vision, translate that vision into shared goals, and effectively work with others to achieve these goals.

PO8: Ethical Conduct and Sustainability Practices

Act responsibly and promote values such as inclusivity, diversity, and social justice through analysis and discourse.

PO9: Collaboration and Networking Skills

Engage in collaborative literary or mental health projects and effectively network with peers, scholars, and professionals in the literary field.

PO10: Self-directed and Life-long Learning

Create personal goals and cultivate a commitment to continuous learning and improvement in the field of literary studies and psychology.

Programme Specific Outcomes (PSOs)

PO11: Career Options

Develop a wide range of skills that enable graduates to pursue diverse career paths beyond academia. Obtain practical, hands-on experience through internships, research projects, or community engagements.

PO12: Proficiency in Literary Studies and Psychology

Develop a range of subject-specific and generic skills of value in graduate employment, including high-order critical, analytic and research skills, and advanced oral and written communication competencies. Adapt to new tools, platforms, and digital modes of communication and learning.

PO13: Cultural Sensitivity

Develop a profound cultural understanding of society and culture and play an active role as citizens of the state. Initiate meaningful conversations that demonstrate cultural sensitivity and inclusion in society.

III. B.A. (English and Psychology) Programme Matrix

Course Category /Semesters	I	II	III	IV	V	VI	Total Credits
Language 1 3 Hrs/3 Cr	Language 1 (3 Cr)	Language 1 (3 Cr)	Language 1 (3 Cr)	Language 1 (3 Cr)	-	-	24
Language 2 3 Hrs/3 Cr	Language 2 (3 Cr)	Language 2 (3 Cr)	Language 2 (3 Cr)	Language 2 (3 Cr)	-	-	
Compulsory Courses (2Hrs/2Cr)	-	Environment al Studies (3 Cr)	-	Indian Constitution (3Cr)	-	-	
Discipline Specific Core Courses (English) (4Hrs/4Cr or 3Hrs/3 Cr)	Introduction to Literature (3 Cr)	Introduction to Phonetics & Linguistics (3 Cr)	British Literature up to 1800 (3 Cr)	British Literature 1800 & After (3Cr)	Literary Theory and Criticism (4 Cr)	Introduction to Popular Fiction (4 Cr)	48
	Indian Writing in English (Part 1) (3 Cr)	Indian Writing in English (Part 2) (3 Cr)	Indian Writing in Translation (3 Cr)	Gender Studies (3 Cr)	Post-Colonial Literatures (4 Cr)	European Literature (4 Cr)	
	-	-	-	-	American Literature (4 Cr)	Introduction to Film Studies (4 Cr)	
Discipline Specific Core Courses (Psychology)	Foundations of Psychology (4+2) Cr	Foundations of Behaviour (4+2) Cr	Child Development (4+2) Cr	Development Psychology (4+2) Cr	Abnormal Psychology (4+2) Cr	Abnormal Psychology (4+2) Cr	48
	-	-	-	-	Social Psychology (4+2) Cr	Organisational Psychology (4+2) Cr	
Open Elective Courses (3Hrs/3Cr)	Choice of Course (3 Cr)	Choice of Course (3 Cr)	Choice of Course (3 Cr)	-	-	-	9
Skill Enhancement Courses- Skill Based (1Hr/2 Cr) (3hrs/3 Cr)	Digital Fluency (2 Cr)	-	Artificial Intelligence (2 Cr)	Financial Education Investment Awareness (2Cr)	-	Research Methodology (3 Cr)	9
Internship	-	-	-	-	Internship (2 Cr)	-	2
Extension and Extra-Curricular Activities	Psychological Well-being (2Cr)	Outreach (1 Cr)	Yoga (2 Cr)	Outreach (1 Cr)	-	-	8
	-	Extension & Extra-Curricular Activities (1Cr)	-	Extension & Extra-Curricular Activities (1 Cr)	-	-	
Total Crs.	25	26	25	25	26	27	154

IV. Course Matrix for B.A. (English and Psychology) Programme

Semester I

SL. No.	Course Code	Title of the Course	Category of Course	Teaching Hour per Week (L+T+P)	ESE	CI A	Total Marks	Credits
1	Language 1		AECC	3+1+0	60	40	100	3
	A1 22 GE 101	General English						
2	Language 2		AECC	3+1+0	60	40	100	3
	A1 22 KN 101	Kannada						
	A1 23 FK 101	Functional Kannada						
	A1 23 IK 101	Intermediate Kannada						
3	A1 22 DC 101	Introduction to Literature	DSC-1	3+0+1	60	40	100	3
4	A1 22 DC 102	Indian Writing in English Part- I (Pre independence)	DSC-2	3+0+1	60	40	100	3
5	A1 22 MN 101	Foundations of Psychology	MDC -1 (Theory)	4	60	40	100	4
6	A1 22 MNP 101	Foundations of Psychology	MDC -1 (Practical)	2	25	25	50	2
7		Open Electives*	OEC-1	3+0+0	60	40	100	3
8	A1 22 SB 101	Digital Fluency	SEC-SB	1+ 0+2	25	25	50	2
9	UG 22 FC 101	Psychological Wellbeing	SEC-VB	1+0+2	-	50	50	2
TOTAL					410	340	750	25

Semester II

SL. No.	Course Code	Title of the Course	Category of Course	Teaching Hour per Week (L+T+P)	ES E	CI A	Total Marks	Credits
1	Language 1		AECC	3+1+0	60	40	100	3
	A1 22 GE 201	General English						
2	Language 2		AECC	3+1+0	60	40	100	3
	A1 22 KN 201	Kannada						
	A1 22 HN 201	Hindi						
	A1 22 AE 201	Additional English						
3	UG 22 CC 201	Environmental Studies	AECC	1+1+0	25	25	50	3
4	A1 22 DC 201	Introduction to Phonetics and Linguistics	DSC-3	3+0+1	60	40	100	3
5	A1 22 DC 202	Indian Writing in English Part-2	DSC-4	3+0+1	60	40	100	3
6	A1 22 MN 201	Foundations of Behaviour (Theory)	MDC -2 (Theory)	4	60	40	100	4
7	A1 22 MNP 201	Foundations of Behaviour (Practical)	MDC -2 (Practical)	2	25	25	50	2
8		Open Electives*	OEC - 2	3+0+0	60	40	100	3
9	UG 22 EA 201	Extension Activities	SEC-VB	0+0+2		25	25	1
10	UG 22 EC 201	Extra-Curricular Activities	SEC-VB	0+0+2	-	25	25	1
TOTAL					410	340	750	26

Semester III

SL. No.	Course Code	Title of the Course	Category of Course	Teaching Hour per Week (L+T+P)	ESE	CIA	Total Marks	Credit s
1	Language 1		AECC	3+1+0	60	40	100	3
	A1 22 KN 301	Kannada						
	A1 22 HN 301	Hindi						
	A1 22 AE 301	Additional English						
2	Language 2		AECC	3+1+0	60	40	100	3
	A1 22 GE 301	General English						
3	A1 22 DC 301	British Literature - up to 1800	DSC-5	3+0+1	60	40	100	3
4	A1 22 DC 302	Indian Writing in Translation	DSC-6	3+0+1	60	40	100	3
5	A1 22 MN 301	Child Development (Theory)	MDC -3 (Theory)	4	60	40	100	4
6	A1 22 MNP 301	Child Development (Practical)	MDC -3 (Practical)	2	25	25	50	2
7		Open Electives*	OEC 3	3+0+0	60	40	100	3
8	UG22FC301	Yoga	SEC-VB	1+ 0+2		50	50	2
10	A1 22 SB 301	Artificial Intelligence	SEC - SB	1+0+2	25	25	50	2
TOTAL					410	340	750	25

** Open Elective Courses are courses from an unrelated discipline/ subject, with an intention to seek exposure beyond discipline/s of choice.*

Semester IV

SL. No.	Course Code	Title of the Course	Category of Course	Teaching Hour per Week (L+T+P)	ES E	CI A	Total Marks	Credits
1	Language 1		AECC	3+1+0	60	40	100	3
	A1 22 KN 401	Kannada						
	A1 22 HN 401	Hindi						
	A1 23 FK 401	Functional Kannada						
2	Language 2		AECC	3+1+0	60	40	100	3
	A1 22 GE 401	General English						
3	UG 22 CC 401	Indian Constitution	AECC	1+1+0	25	25	50	3
4	A1 22 DC 401	British Literature - 1800 & After	DSC-7	3+0+1	60	40	100	3
5	A1 22 DC 402	Gender Studies	DSC-8	3+0+1	60	40	100	3
6	A1 22 MN 401	Development Psychology (Theory)	MDC -3 (Theory)	4	60	40	100	4
7	A1 22 MNP 401	Development Psychology (Practical)	MDC -3 (Practical)	2	25	25	50	2
8	A1 22 SB 401	Financial Education and Investment Awareness	SEC-SB	1+0+2	25	25	50	2
9	UG 22 EC 201	Extra-curricular Activities	SEC - VB	1+0+2	25	25	50	2
TOTAL					410	340	750	25

Semester V

SL. No.	Course Code	Title of the Course	Category of Course	Teaching Hour per Week (L+T+P)	ESE	CIA	Total Marks	Credits
1	A1 22 DC 501	Literary Theory and Criticism	DSC-A 7	4+0+1	60	40	100	4
2	A1 22 DC 502	Postcolonial Literatures	DSC A -8	4+0+1	60	40	100	4
3	A1 22 DC 503	American Literature	DSC A -9	4+0+1	60	40	100	4
4	A1 22 MN 501	Abnormal Psychology (Theory)	DSC B -5 (Theory)	4	60	40	100	4
5	A1 22 MNP 501	Abnormal Psychology (Practical)	DSC B -5 (Practical)	2	25	25	50	2
6	A1 22 MN 502	Social Psychology (Theory)	DSC B -6 (Theory)	4	60	40	100	4
7	A1 22 MNP 502	Social Psychology (Practical)	DSC B -6 (Practical)	2	25	25	50	2
8	A1 22 PR 501	Internship	SEC - SB	1+0+2	25	25	50	2
TOTAL					375	275	650	26

Department of English
Programme: B.A
Subject: Literary Theory and Criticism

According to American literary critic J Hillis Miller, literary theories have no other legitimate function than to aid the reading of literary works. This course, as the title suggests, intends to introduce students to the foundational tenets of literary theory and criticism. Students will study how developments in the field of literary theory and criticism in Greece, India, England, America, France, Russia, and Germany have collectively contributed to its tradition. The course is designed to encourage the participants to develop an overview of the discipline by closely interacting with the original texts of literary theory and criticism and engaging with a wide range of background readings. Along with evolving an understanding of the diverse literary movements and thoughts, the course will also expose students to select contemporary debates in the field of literary theory and criticism, including cultural theory.

Semester	Course Code	Course Title	Course Duration	Course Type	Teaching Hours Per week	Credits
V	A1 22 DC 501	Literary Theory and Criticism	60 hours	DSC	4	4

Course Objectives:

- To understand the foundations of literary criticism
- To analyze/interpret literature through the lens of a theoretical framework
- To be aware of the literary movements that swept through the ages
- To engage in literary criticism

Course Outcome:

Course Outcomes:	At the end of the course, students should be able to:	T Levels:	K Levels:
CO1	Construct both in speaking and writing, an understanding of literary theory and its significance in specific literary texts	T3	K3
CO2	Analyse the various key concepts in literary theory and criticism	T4	K3
CO3	Interpret literary texts using the appropriate theoretical lenses	T5	K3
CO4	Discuss the cultural contexts embedded in the texts	T5	K4

Module 1: What is Literary Theory and Criticism? (15 hrs)

1. Mimesis: Ancient Greek Literary Theory – Andrea Nightingale
2. Indian Aesthetics: A Historical and Conceptual Overview – Mini Chandran and Sreenath V.S.
3. Preface of Literary Theory: An Introduction – Terry Eagleton
4. Criticism Incorporated: John Crowe Ransom

Module 2: Classic Traditions in Literary Theory and Criticism (15 hrs)

1. Poetics: Aristotle (extract)
2. On Natya and Rasa: Aesthetics of Dramatic Experience
3. On the Sublime – Longinus (extract)
4. Tholkkappiyar – Translated from Tamil by S. Ilakkuvanar
5. On Syntax and Meaning – Bhartrhari
6. Dhvani: Structure of Poetic Meaning – Anandavardhana
7. Art Experience – M. Hiriyanna
8. An Apology for Poetry – Philip Sidney
9. Preface to Shakespeare – Samule Johnson
10. Biographia Literaria – Chapter 14 & 16

Module 3: Literary Movements and Thoughts in the 19th and 20th Century (15 hrs)

- Liberal Humanism: The Tenets of Liberal Humanism
- Marxism
- Feminism
- Psychoanalytic Criticism
- Formalism
- Practical Criticism
- New Criticism
- Structuralism
- Post Structuralism
- Deconstruction
- Post humanism

Reading List:

1. Towards a Methodology of Marxist Literary Criticism – Raymond Williams
2. A Room of One's Own – Virginia Woolf
3. Tradition and Individual Talent – T.S. Eliot
4. Four Kinds on Meaning – I.A. Richards
5. Language of Paradox – Cleanth Brooks
6. Art as Technique – Victor Shklovsky
7. Introduction to the Power of Forms in the English Renaissance – Stephen Greenblatt
8. Literary Studies in an age of Environmental Crisis – Cheryll Glotfelty
9. Creative Writers and Day-dreaming – Sigmund Freud
10. Queer And Now: Eve Kosofsky Sedwick

Module 4: Literary Concepts (15 hrs)

1. Reader Response Criticism
2. Archetypal Criticism
3. Intentional Fallacy
4. Affective Fallacy
5. Objective Correlative
6. Coleridge's Theory of Imagination
7. Negative Capability
8. Queer Theory
9. Cultural Theory

10. Digital Humanities
11. Anthropocene
12. Trans-humanism

Reading List:

- Literary Theory and Criticism: An Oxford Guide – Patricia Waugh

Self-Reading Topics:

- Literary Terms
- History of literary theory Sample Readings

Skill Development:

- Close Reading
- Applying theoretical concepts to study literary texts
- Articulate nuanced arguments Mapping CO and PO
- Writing skills

Books for Reference:

1. The Death of the Author – Roland Barthes
2. Interpreting the Variorum – Stanley Fish
3. Structure, Sign, and Play in the Discourse of Human Sciences – Jacques Derrida
4. Ancient Literary Criticism: Introduction – D.A. Russel and M. Winterbottom
5. Critical Theory Since Plato – Hazard Adams
6. An Introduction to Indian Poetics – V. Raghavan and Nagendra
7. The Literatures of India: An Introduction – R.C. Dwivedi
8. Indian Literary Criticism: Theory and Interpretation – G.N. Devy
9. Modern Literary Theory – Philip Rice and Patricia Waugh
10. Literary Theory: An Anthology – Julie Rivkin and Michael Ryan
11. Modern Literary Criticism and Theory: David Lodge
12. Rasa - Mini Chandran and Sreenath V.S.
13. An Essay on Criticism: Alexander Pope
14. A Defence of Poetry – P.B. Shelly
15. Preface to the Second Edition of Lyrical Ballads
16. Towards a Cultural Poetics – Stephen Greenblatt
17. Professing the Renaissance: The Poetics and Politics of Culture – Louis Montrose
18. Critically Queer – Judith Butler
19. Micheal Foucault – What is an Author
20. Anatomy of Criticism: Northrop Frye

Mapping of CO and PO

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	H	L		M	M						H	L
CO2		H		M	H							
CO3	H			H	L						H	M
CO4		H		M	H		L				L	M

Department of English
Programme: B.A
Subject: Postcolonial Literature

Semester	Course Code	Course Title	Course Duration	Course Type	Teaching Hours Per week	Credits
V	A1 22 DC 502	Post-Colonial Literature	60 hours	DSC	4	4

Course Objectives:

1. To understand and analyse key concepts such as colonialism, imperialism, neocolonialism, postcolonialism, hybridity, discourse, and hegemony, and their relevance to postcolonial studies.
2. To critically engage with postcolonial theoretical frameworks and their application in analysing literary texts.
3. To examine the intersections of race, identity, power, and representation in postcolonial societies through diverse literary and cultural texts.
4. To evaluate the role of literature and visual media in shaping postcolonial discourses, with a focus on resistance, nationalism, and cultural identity.

Course Outcome	At the end of the course students should be able to:	T Levels:	K Levels:
CO1	Identify foundational postcolonial concepts and assess their interconnectedness in shaping historical narratives, cultural identities, and power structures.	T3	K3
CO2	Analyse multiple perspectives on nationalism, self-determination, and resistance in colonial and postcolonial contexts.	T4	K3
CO3	Apply postcolonial theories to interpret and evaluate literary and cultural texts.	T5	K4
CO4	Formulate how race, identity, and power function within postcolonial societies through interdisciplinary engagement with prose, poetry, fiction, and visual texts.	T5	K4

Module 1: Foundations of Postcolonialism (15 Hours)

Key Concepts: Colonialism, Imperialism, Neocolonialism, Postcolonialism, Hybridity, Discourse, Hegemony, Representation, Othering, Resistance, Mimicry, Identity.

Module 2: Postcolonial Theories and Critical Discourses (15 Hours)

1. Frantz Fanon - *The Fact of Blackness* and *On National Culture* (from *The Postcolonial Studies Reader*)
2. Edward Said - *Introduction to Orientalism*
3. Abdul R. Jan Mohamed - *The Economy of Manichean Allegory: The Function of Racial Difference in Colonialist Literature*

Module 3: Postcolonial Literatures - Poetry & Fiction (15 Hours)

Poetry:

1. Wole Soyinka - *Telephone Conversation*
2. Maya Angelou - *Africa and America*
3. Derek Walcott - *A Far Cry from Africa*

Mapping of COs with POs Matrix												
CO/PO	PO 1	PO2	PO3	PO 4	PO5	PO6	PO 7	PO8	PO9	PO1 0	PO11	PO12
CO1	H	M		H	M	L			L			
CO2	H	M		H	M	L		L				
CO3	H	M		H	M	L	L					
CO4	H	M	M							L	H	L

Department of English
Programme: B.A
Subject: American Literature

Semester	Course Code	Course Title	Course Duration	Course Type	Teaching Hours Per week	Credits
V	A1 22 DC 503	American Literature	60 hours	DSC	4	4

Course Objectives:

- To delve into the intricate blend of identities and aesthetic sensibilities across different historical periods through literary texts.
- To analyse the human experience within the historical and cultural context, fostering a deeper understanding.
- To promote cross-cultural perspectives and facilitate discussions on American Literature, bridging diverse viewpoints.
- To explore the diverse genres within American literature, encompassing poetry, short fiction, drama, novels, and non-fiction.

Course Outcomes:

Course Outcomes	At the end of the course students should be able to:	T Level s:	K Level s:
C01	Develop a nuanced comprehension of the interplay between identities and aesthetic expressions depicted in literary texts.	T3	K3
C02	Identify diverse genres within American literature, including poetry, short fiction, drama, novels, and non-fiction, thereby enriching literary appreciation and understanding.	T3	K3
C03	Formulate critical discourse that embraces cross-cultural viewpoints, thereby broadening perspectives within the realm of American Literature.	T5	K4
C04	Discuss the human condition within the backdrop of historical and cultural milieus.	T5	K4

Module 1: Prose (15 hours)

1. People's history of the United States – Howard Zinn (Excerpts)
2. Henry David Thoreau – Civil Disobedience
3. Benjamin Franklin – Remarks concerning the savages of North America
4. Zitkala Za – American Indian Stories (Extracts- The land of red apples, The cutting of my long hair)
5. James Baldwin – Sonny's Blues

Module 2: Poetry (15 hours)

1. Select poems by Ralph Waldo Emerson (The Mountain and the Squirrel, Brahma)
2. Walt Whitman – The Great City, O Captain! My Captain!
3. Langston Hughes – The Negro Speaks of Rivers
4. Edgar Allan Poe – The Raven
5. Select Poems by Emily Dickinson (Because I could not stop for death, I heard a Fly Buzz, Hope is a thing with feathers)
6. Sylvia Plath- Mirror

Module 3: Drama (10 hours)

1. Emperor Jones – Eugene O’Neil

Module 4: Novel (15 Hours)

1. Old Man and the Sea – Ernest Hemingway
OR
2. Tar Baby – Tony Morrison

Module 5: American Folk Music Tradition (5 hours)

1. The history of American protest music from “Yankee Doodle” to Kendrick Lamar - Vox
2. Mississippi Goddam, Strange Fruit – Nina Simone,
3. Blowin’ in the Wind – Bob Dylan
4. Tear the Fascists Down, this land is your land – Woody Guthrie
5. Where have all the flowers gone? We shall Overcome – Pete Seeger
6. What a Wonderful World, Go down Moses – Louis Armstrong

Additional Readings

1. American Literature I: An Anthology of Texts From Early America the Early 20th Century – Jenifer Kurtz
2. Meena Alexander – Poetics of Dislocation (Essay)
3. Declaration of Independence 1776
4. Norton Anthology of American Literature
5. Nathaniel Hawthorne – The Scarlet Letter
6. The Grapes of Wrath – John Steinbeck
7. Ernest Hemingway – Old man and the Sea
8. American Renaissance - FO. Matthiessen

Mapping of CO and PO:

Mapping of COs with POs												
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	H		M	L								
CO2		M	H						L			
CO3			M						H	L		
CO4		M	H						L			

Department of Psychology
Programme: B.A.

Semester	Course Code	Course Title	Course Duration	Course Type	Teaching Hours Per week	Credits
V	A122MN501	ABNORMAL PSYCHOLOGY - I	60 Hours	DSC	4 Hours	4
Course Objectives :	<ul style="list-style-type: none">To understand the concepts of abnormality and mental disorders.To analyse the clinical picture of neurodevelopmental disorders.To explain anxiety related and stress related disorders.To classify and understand mood disordersTo examine schizophrenia and personality disorders					
Course Outcomes:					T Levels:	K Levels:
CO1	Analyse the concepts of abnormality and mental disorders.				4	5
CO2	Demonstrate an understanding the clinical picture of neurodevelopmental disorders.				2	3
CO3	Examine anxiety related and stress related disorders.				4	4
CO4	Compare and contrast aspects of various mood disorders				4	4
CO5	Ellaborate the clinical picture of schizophrenia and personality disorders				5	4
Module 1	UNDERSTANDING ABNORMALITY					12 Hours
Meaning and definitions: Abnormality, abnormal psychology, mental disorder, criteria for abnormal behaviour, historical and contemporary conceptions of abnormality Classification systems: significance and criticisms, DSM-5-TR, ICD 11; Causes of abnormal behaviour: necessary, predisposing, precipitating and reinforcing causes, stress-diathesis model Overview of psychological viewpoints: psychodynamic, behavioural, cognitive-behavioural and socio-cultural.						
Module 2	MODULE 2: NEURODEVELOPMENTAL DISORDERS					12 Hours
Intellectual disability - definition, levels, organic brain syndromes Autistic disorders - clinical picture Learning disorders (dyslexia, dysgraphia and dyscalculia) - clinical picture Behavioural disorders: attention deficit/hyperactivity disorder – clinical picture Oppositional Defiant Disorder.						
Module 3	ANXIETY RELATED DISORDERS AND STRESS RELATED DISORDERS					12 Hours
Anxiety disorders – meaning; types of anxiety disorders: phobias, panic disorder, generalized anxiety disorder, OCD Stress-related disorders: Clinical picture: post-traumatic stress disorders, dissociative disorders. Social phobia.						
Module 4	MOOD DISORDERS					10 Hours
Mood disorders – meaning Unipolar mood disorders: major depressive disorder, dysthymia – clinical picture Bipolar disorders: cyclothymia, bipolar I, bipolar II. Suicide: meaning, prevention and intervention.						
Module 5	SCHIZOPHRENIA AND PERSONALITY DISORDERS					14 Hours

Schizophrenia - meaning, clinical picture Personality disorders – introduction, clinical features and brief descriptions of Cluster A (paranoid, schizoid, schizotypal), cluster B (borderline, histrionic, narcissistic, antisocial), and cluster C (obsessive compulsive, avoidant, dependent).	
Skill Development:	
1	<i>Identify a movie which depicts a specific mental disorder covered in the syllabus. Describe the symptoms presented in the movie. Analyse whether this depiction is accurate based on your understanding of the clinical picture of that disorder with reference to specific scenes.</i>
2	<i>Students will be provided a case study and asked to provide a provisional diagnosis, and explanation for the same based on their knowledge of diagnostic criteria and the clinical picture of disorders described in the syllabus.</i>

Books for Reference:

1	<i>Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J. M. (2021), Abnormal psychology. (18th Ed.). New Delhi: Pearson Education.</i>
2	<i>Kring, A.M., Johnson, S.L., Davison, G., & Neale, J. (2014). Abnormal psychology. Danvers, MA: Wiley.</i>
3	<i>Barlow, D.H., & Durand, V.M. (2017). Abnormal psychology: an integrative approach. (8th Ed.). New Delhi: Wadsworth Cengage Learning.</i>
4	<i>Halgin, R.P., & Whitbourne, S.K. (2014). Abnormal psychology: clinical perspectives on psychological disorders, DSM-5 update. (7th Ed.). New York: McGraw-Hill Education.</i>
5	<i>World Health Organization. (2008). ICD-11: International statistical classification of diseases and related health problems (11th Rev. ed.). New York, NY: Author.</i>
6	<i>American Psychiatric Association. (2000). Diagnostic and statistical manual of mental disorders (5th ed, text revision). Washington, DC: Author</i>

Mapping of CO and PO:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	L		H		M		L				M	H
CO2		L	M	H				M			L	M
CO3		L		M	H		L				M	M
CO4			L	M	H			L			H	M
CO5	L	M		H			L				M	M

PRACTICAL LIST

1. Singh Personal Stress Source Inventory
2. Raven's Standard Progressive Matrices
3. Binet Kamat Test

4. Minnesota Multiphasic Personality Inventory (Revised)
5. Bender-Gestalt Test
6. IPAT
7. Beck's Depression Inventory
8. Eysenck's Personality Inventory
9. Indian Social Media Addiction Scale
10. 16 Personality Factor Questionnaire (Revised)
11. SAKS Sentence Completion Test
12. Transactional Analysis Questionnaire
13. Rorschach Ink Blot Test (demonstration)
14. Thematic Apperception Test (demonstration)
15. PANAS

Statistics: Dependent sample t test

Department of Psychology Programme: B.A.						
Semester	Course Code	Course Title	Course Duration	Course Type	Teaching Hours Per week	Credits
V	A122MN601	SOCIAL PSYCHOLOGY	60 Hours	DSC	4 Hours	4
Course Objectives :	<ul style="list-style-type: none"> To understand the meaning and origins of social psychology. To understand the role of social perception in understanding the world. To explain the role of social influence and groups on behaviour. To analyse the role of stereotyping, prejudice and discrimination on group dynamics. To understand the concept of aggression. 					
Course Outcomes:					T Levels:	K Levels:
CO1	Explain the meaning and history of social psychology.				2	2
CO2	Demonstrate an understanding of role of social perception in understanding the world.				2	3
CO3	Discuss the role of social influence and groups on behaviour.				6	4
CO4	Assess the role of stereotyping, prejudice and discrimination on group dynamics.				5	4
CO5	Analyse the role of aggression in shaping human behaviour.				4	4
Module 1	INTRODUCTION AND SOCIAL COGNITION					12 Hours
Social psychology: definition, nature and history of social psychology. Social cognition: heuristics, automatic and controlled processing, errors in social cognition, affect and cognition. Social schemas.						
Module 2	SOCIAL PERCEPTION					12 Hours
The social self: Self-concept, self-presentation Social perception: non-verbal communication, attribution, impression formation and impression management, personal vs. social identity. Attitudes - Attitude formation; Attitudes and behaviour, persuasion and resisting persuasion attempts, cognitive dissonance, ABC model. Self-Esteem						
Module 3	STEREOTYPING, PREJUDICE, AND DISCRIMINATION					10 Hours
The nature and origins of stereotyping; prejudice; discrimination: prejudice in action; techniques to counter prejudice. Emotions and prejudice						
Module 4	SOCIAL INFLUENCE AND GROUP BEHAVIOUR					10 Hours
Groups: Definition and components; effects of the presence of others: social facilitation, social loafing; Decision making by groups: the decision-making process, the downside of group decision making. Social influence: conformity, compliance Prosocial behaviour – motives to prosocial behaviour; Influential factors.						

The bystander effect.												
Module 5		AGGRESSION										14 Hours
Perspectives on aggression; Causes of human aggression: social, cultural, personal, and situational; The prevention and control of aggression: some useful techniques Bullying.												
Skill Development:												
1		Choose any one concept and demonstrate how it may be applied to an everyday phenomenon through a video of 30 seconds. The video should clearly demonstrate how the chosen concept is used to explain these everyday phenomena.										
2		Make a model of any one of the classical experiments in social psychology (example: Miligram’s experiment, Asch’ experiment, etc.). The model should clearly display the objectives, process and ethical considerations of the experiment.										
3		Construct an experiment to test any one of the concepts mentioned in the syllabus. The experiment should have clear objectives and conclusions.										
Books for Reference:												
1		Baron, R.A., Branscombe, R.R., Byrne, D., & Bhardwaj, G. (2009). Social Psychology. New Delhi: Pearson.										
2		Baron, R.A., & Branscombe, N.R. (2014). Social psychology (13th ed.). Noida: Pearson India Education Services Pvt Ltd.										
3		Myers, D.G. (2006). Social Psychology. 8thEdn. New Delhi: Tata McGraw-Hill Publishing Company Ltd.										
4		Schneider, F.W., Gruman, J.A., & Coutts, l.M. (2012). Applied Social Psychology. 2nd Ed. New Delhi: SAGE Publications India Pvt Ltd.										
Mapping of CO and PO:												
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	L		H		M		L				M	H
CO2		L	M	H				M			L	M
CO3		L		M	H		L				M	M
CO4			L	M	H			L			H	M
CO5	L	M		H			L				M	M

Practical List

1. Social Reticence Scale.
2. Perceived Loneliness Scale.

3. Bogardus Social Distance Scale.
4. Aggression Scale.
5. Social Skills Inventory.
6. Gender Stereotype Questionnaire.
7. Social Conformity Scale
8. Student Attitudes Questionnaire
9. Sociogram (demonstration)

Statistics: One-Way ANOVA