# SHRAVAN ABRAHAM

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#### **PERSONAL DETAILS**

Date of Birth	13 <sup>th</sup> July 1994
Father's name	Abraham Scaria
Nationality	Indian
Mother tongue	Malayalam

#### **Work Experience**

2022 Assistant Professor (Part-time), Department of Psychology, St Joseph's Evening College, Bangalore. Sept Teaching undergraduate students developmental psychology (theory and practical) and positive psychology. Present 2021 Assistant Professor, Department of Psychology, Centre for Distance Education and Virtual Learning, Jain (Deemed to be University), Bangalore. Mar \_ Taught students at undergraduate and postgraduate levels. Core papers included cognitive 2022 psychology, biological psychology, abnormal psychology, developmental psychology and research methods. Guided more than 50 students for master's thesis dissertation. Sept 2014 Project Associate and Counsellor at Aadhar Center for Child Development, Feb-Jul **Bhopal.** Worked on a first-of-its-kind project in India aimed at providing tele-counseling services to adolescents and children in collaboration with the 'National Health Mission' by the government of India **Research Experience** Possarch Assistant National Institute of Montal Health and Neurosciences 2017

2017	Research Assistant, National Institute of Mental Incarth and Neurosciences
Aug	(NIMHANS), Bangalore
-	Efficiently executed the research design for a study on "Developmental
2019	progression of executive functioning, adaptive behaviours, and pre-academic skills in
Feb	preschool children with ADHD".

#### **Education**

2017	M.Sc., Clinical Psychology, Christ (Deemed to be University), Bangalore		
	Thesis Title: "Daydreaming Frequency and Metacognition"		
	Thesis guide: Dr Madhavi Rangaswamy.		
2015	B.A., Bhopal School of Social Sciences, Bhopal		

Core Subjects: 1. English Literature 2. Psychology 3. Economics

#### Honours and Awards

2020	Qualified National	Elizibility 1	Toat for	Assistant Professor	aandustad by the	University Cronta
2020	Qualified National	Eligidilliv I	lesi jor.	Assistant Professor	conducted by the	University Grants
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#36, SSA Cottage, 1st Cross, 3rd Main, Ejipura, Bengaluru - 560047 Commission of India.

## **Paper Presentations & Publications**

- 2019 "Role of executive functions in symptom severity and skill repertoire in pre-schoolers with *ADHD*". Symposium presented by the first author in Asian Society for Child and Adolescent Psychiatry and Allied Professions (ASCAPAP), 2019, Chiang Mai, Thailand.
- 2017 *"Daydreaming frequency and metacognition in college students"*. Paper presented at the 5<sup>Th</sup> Annual Postgraduate Interdisciplinary Conference on 'Dignity and Worth of People in a Globalized World' at Christ University, Bangalore.

## Workshops & Conferences

### ORGANIZED

2022	Topic: "Psycho-Social Impact of Covid-19"
Apr	Speaker: Dr Prakash Anand, Professor and Head, Dept of Psychology, Delhi University
	Venue: Jain Deemed-to-be University

- 2022 Topic: "Holistic and Indigenous Healing Techniques"
- Jun Speaker: Shri. Balakrishna Guruji
  - Venue: Jain Deemed-to-be University