

1. Title of the Best Practice

Greater Attention to Sports

2. The Context

We, at SJCC, believe that Sports is an integral part of holistic education. Sports education develops the overall personality of the students.

3. Objectives of the Practice

- Talent search at micro level and appropriate training
- Monitoring at regular intervals to enhance performance towards excellence.
- To ensure excellent Sports Infrastructure Development & Maintenance is carried out by the institution
- To encourage the students to take up sports related careers.

4. The Practice

Admissions to the sports quota includes a sports-talent search at micro level and appropriate training which is provided by the college throughout the academic year. There also exists a continuous monitoring system which enhances performance and contributes towards excellence in respective sporting event.

5. Advantages

- Preference to students with excellent sports record during admission.
- Specialized coaches for specific training to sports students.
- Opportunity to participate in University/State or National teams.
- Enhancement in the confidence levels and communication skills among these students.
- Providing food and beverages for the sports students during practice keeping their dietary requirements in consideration.

6. Challenging issues

- Availability of infrastructure and space on the college premises for practice of various sports activities.

- Access to quality sports equipment that the students can utilize to practice the sport.

7. Evidence of Success

- SJCC conducts a many sporting tournaments around the year including its own sports fest '*Spiel*'.
- The rising number of students who qualify for various State and National team from college indicates a steady rise over the previous years.
- There has also been an increase in the number of students who have taken up sports related careers.

8. Resources Required

- Access to quality sports equipment
- Special scholarships are provided to deserving sports students
- Adequate space for various sports

9. Contact Details

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