

## **1. Title of the Best Practice**

Faith Formation Sessions

## **2. The Context**

SJCC's institutional ethos has a deep rooting in the holistic development of students. This is possible only when students' academic growth is combined with spiritual growth as well. Students of SJCC are encouraged to take up Faith Formation sessions which are conducted on a regular basis for Catholic students where students of other faiths are also encouraged to participate in the same as Faith formation is considered as an ongoing journey toward a closer relationship with the Supreme Force.

## **3. Objectives of the Practice**

Objectives of this practice are,

- To deep root religious values to bring about holistic development of the students.
- To ensure continuous religious education among students in order to imbibe human values in them.
- To update students with any new teachings of the Catholic Church.
- To encourage and enhance interest among students towards spiritual learning.

## **4. The Practice**

Faith formation session include the below:

- In depth teachings of the Catholic Church are taught to ensure that they are deep rooted into the faith.
- Teachings include value based learning sessions.
- Newer teachings from the church are discussed as part of Faith Formation.
- To foster deeper understanding of the Sacraments, Traditions and Beliefs in each of our students.

## **5. Advantages**

- Encourages and promotes a much-needed holistic development among students.
- Continuous religious education with a vision to promote faith formation.
- Enables to inculcate much needed human values among students.

## **6. Challenges**

- Retaining the interest of students in faith formation classes given their age group.
- Training the internal faculty members to conduct faith formation sessions.
- Making the teachings relevant to present day and relevant to the age group of students.

## **7. Evidences of Success**

Students who have been part of faith formation sessions have instilled a holistic approach to life. They are better prepared to face challenges faced by them in both professional and personal lives.

## **8. Resources Required**

- Teachers interested and trained in conducting faith formation sessions.
- Given the semester scheme, where limited time is available for academic as well as curricular activities, allocating time, both on the part of both teachers and students is challenging.

## **9. Contact Details**

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